

ZEN I



- Step 1 - Dog moves off a treat in your hand. You are seated. Add a cue.
 - Comeafters - Teach same behaviour in different context - room, area
- Step 2 - Dog stays off a treat in your closed fist for 5 seconds. Add a cue.
 - Comeafters - Teach the same behaviour in a different room
- Step 3 - Dog stays away from your OPEN hand for 5 seconds. Add a cue.
 - Comeafters - Teach someone else to do Step 3
- Step 4 - Dog moves away from a treat in a dog dish held in your hand. Add the cue.
 - Comeafters - Teach the same behaviour with the dog's meal in her dish
- Step 5 - Kitchen Zen

TARGET I



- Step 1 - Dog touches your hand with her nose. Add a cue.
 - Comeafters - Change your position and reteach
- Step 2 - Dog reaches high and low to touch your hand with her nose. Add the cue.
 - Comeafters - Teach the same behaviour with another person nearby
- Step 3 - Dog takes 3 steps to touch your hand. Add the cue.
 - Comeafters - Teach the same behaviour in another room
- Step 4 - Dog touches your hand twice to get 1 click. Add the cue.
 - Comeafters - Teach all Target I Steps with the dog targeting your foot
- Step 5 - Practise moving dog with your hand target

COME I



- Step 1 - Dog looks for dropped treats at your feet .
 - CA - Teach the same behaviour on a different surface
- Step 2 - Dog runs between 2 people 10' apart.
 - CA - Teach the same behaviour in a different room
- Step 3 - Dog plays Come Game between 2 people 10' apart. Add a cue.
 - CA - Dog lets you touch her collar while playing the Come Game
- Step 4 - Dog plays Come Game between 2 people 20' apart.. Add the cue.
 - CA - Change when, where, who, and how you play the game
- Step 5 - Play Hide and Seek

SIT I



- Step 1 - Dog sits with leash off. Add a cue.
 - CA - Teach the same behaviour in a new room
- Step 2 - Dog sits on hand signal only.
 - CA - Teach the same behaviour in a new room
- Step 3 - Dog sits with leash on. Add a cue.
 - CA - Teach same behaviour from a different position - standing, lying down.
- Step 4 - Dog sits by an open door. Add a cue
 - CA - Change when, where, who, or how you work the behaviour
- Step 5 - Dog works with no treats on trainer

DOWN I



- Step 1 - Dog downs with leash off. Add a cue.
 - CA - Same behaviour, same room from different position & direction
- Step 2 - Dog downs on a hand signal only.
 - CA - Teach the same behaviour in another room
- Step 3 - Change your position - turn you back, kneel down, stand on couch.
 - CA - No treats on trainer
- Step 4 - Dog downs with leash on. Add the cue.
 - CA - Teach again on new surface
- Step 5 - Dog downs to earn a different desired reward

HOMEWORK I



List 5 things you hope to accomplish by working the Levels with your dog.

ZEN 2



Step 1 - Dog moves off uncovered treat on floor. Add the cue.

- CA - Teach it again outside

Step 2 - Dog stays off treat on floor for 10 seconds. Add the cue.

- CA - Teach it again on a different surface

Step 3 - Dog stays off treat on floor for 30 seconds. Add the cue.

- CA - Teach in different locations, treats, positions, with different people

Step 4 - Dog stays off a dropping treat and gets a different treat. Add the cue.

- CA - Teach the same behaviour again outside

Step 5 - Personal use, "find" treat

FOCUS 2



Step 1 - Dog finds your eyes. Add a cue.

- CA - Teach again in a different place

Step 2 - Dog holds eye contact for 2 seconds. Add the cue.

- CA - Teach the same behaviour again while you are standing up

Step 3 - Dog holds eye contact for 6 seconds. Add the cue.

- CA - Teach the same behaviour in another room

Step 4 - Dog holds eye contact for 10 seconds. Add the cue.

- CA - Change your position, teach through car window

Step 5 - Use it before doing something else

COME 2



- Step 1 - Dog comes 10 feet to you working alone
 - CA - Teach the same behaviour again outside
- Step 2 - Dog comes 10 feet to have the leash snapped on
 - CA - Get someone else to teach it again
- Step 3 - Dog comes 40 feet to you. Add the cue.
 - CA - Teach in a different place, upstairs, inside
- Step 4 - Dog comes 40 feet to have leash snapped on. Add the cue.
 - CA - Play hide and seek, call once, up high, have party
- Step 5 - Call everywhere, make it good

DOWN 2



- Step 1 - Dog downs and stays down for 10 seconds. Add a cue.
 - CA - Do something during that 10 seconds

- Step 2 - Dog downs and stays down for 1 minute. Add the cue.
 - CA - Dog downs and stays down for 1 minute while you tie your shoe

- Step 3 - Dog downs and stays down while you go 10 feet and return. Add the cue.
 - CA - Dog downs, stays down, you go 10 feet to open and close a door

- Step 4 - Dog downs, stays down 1 minute, you go 20 feet/return. Add the cue.
 - CA - Dog downs, stays down, you walk 20 feet to left & right while talking

- Step 5 - Default cues (presence of kids), step over

SIT 2



- Step 1 - Dog sits and stays sitting while you walk 5 feet away and return. Add a cue.
- CA - Dog sits, stays sitting, you walk 5 feet to the left and right
- Step 2 - Dog sits, stays sitting, you walk 5 feet, stay for 30 seconds, return. Add cue.
- CA - Dog sit stays on different surface 30 seconds, you walk to left & right.
- Step 3 - Dog sit stays 1 minute, you walk 10 feet, return. Add the cue.
- CA - Dog sit stays near an open door while you step through and return
- Step 4 - Dog sits and stays sitting while you walk around her. Add the cue.
- CA - Reteach the same behaviour with the leash on.
- Step 5 - Use it, grooming, put on collar, greeting

LAZY LEASH 2



- Step 1 - The dog moves away from collar pressure.
 - CA - the dog moves away from collar pressure in all 4 directions
- Step 2 - You stand still 5 secs, then take 5 steps, turn around. Dog keeps leash loose.
 - CA - Reteach the same behaviour in every room
- Step 3 - Dog keeps LL while you put a treat on floor and you both take 1 step away.
 - CA - Teach the same behaviour again outside
- Step 4 - Dog keeps a LL while you both walk past treat on floor.
 - CA - Teach the same behaviour again outside
- Step 5 - Find new places to work the behaviour

TARGET 2



- Step 1 - Dog nose-targets a wooden object in your hand.
 - CA - Reteach with a different wooden object
- Step 2 - Dog nose-targets a plastic object in your hand.
 - CA - Dog targets the object twice for one click.
- Step 3 - Dog nose-targets a metal object in your hand.
 - CA - Dog reaches up, down, sideways to nose-target object in your hand.
- Step 4 - Dog nose-targets a sticky note on wall. Add a cue.
 - CA - Vary vertical object, height
- Step 5 - Dog closes cabinet door

GO TO MAT 2



- Step 1 - Dog goes to mat. Add a cue.
 - CA - Put mat in different place/direction in room
- Step 2 - Dog goes 2 feet to down on mat (you are sitting). Add the cue.
 - CA - Teach again while you are standing up
- Step 3 - Dog goes 5 feet to down on mat. Add the cue.
 - CA - Add a distraction
- Step 4 - Dog goes 2 feet to down on a new mat. Add the cue.
 - CA - Reteach with a smaller mat
- Step 5 - Practise parking on mat

CRATE 2



- Step 1 - Enters crate, no lure
- CA - Teach it again, new room
- Step 2 - Enters crate, lies down
- CA - Teach again, strange new place
- Step 3 - Enter crate, stay down 10 seconds +Q
- CA - Do stuff during 10 seconds
- Step 4 - Enter crate, stays down 30 seconds +Q
- CA - Do stuff during 30 seconds
- Step 5 - Different rooms, crates, activities

DISTANCE 2



- Step 1 - Walks around pole +Q
- CA - Different location, direction in room
- Step 2 - Goes around pole 2' away +Q
- CA - Different location, direction
- Step 3 - Goes around pole 5' away +Q
- CA - Add distraction
- Step 4 - Goes 2' around a NEW pole +Q
- CA - Briefcase, vacuum, chair?
- Step 5 - Goes through door, turns to face

JUMP 2



Step 1 - Over a bar on floor +Q
- CA - Different bar

Step 2 - Goes 2' around pole over bar on floor +Q
- CA - New location, new pole, same bar

Step 3 - Goes over 4" bar around pole 2' away +Q
- CA - New location, new bar, new pole

Step 4 - Goes over 6" jump 5' away +Q
- CA - New location, new bar, new pole

Step 5 - Jump to left, mat to right, use cues

RELAX 2



Step 1 - Visible signs of relaxation, settle
- CA - New room

Step 2 - Gets excited, settles
- CA - On leash

Step 3 - Relaxes 1 minute +Q
- CA - Change position

Step 4 - Settle 1 min, get excited, settle, excite, settle +Q
- CA - Teach again outside

Step 5 - Settles in the car

HANDLING 2



- Step 1 - Touch head, tail, feet
 - CA - Different - floor, table, couch, car
- Step 2 - Handle ears, muzzle
 - CA - Standing, sitting, table
- Step 3 - Brush ears, muzzle, body, feet, tail
 - CA - Calm while doing that, picking up feet
- Step 4 - Allows clippers, pills, thermometer, toothbrush
 - CA - Teach Dremel etc as CUE to come over
- Step 5 - Allows push, pull, prod, give to pressure

TRICKS 2



Step 1 - Think of a trick

Step 2 - Make plans

Step 3 - Get the behaviour

Step 4 - Add difficulty, distance, distraction, duration

Step 5 - Add a cue

COMMUNICATION 2



- Step 1 - Backs up
 - CA - Back up steps

- Step 2 - Moves out of personal space with block
 - CA - Move out of personal space without block

- Step 3 - Moves out of personal space to your left
 - CA - Add to life

- Step 4 - Untangles leash from around you and pole
 - CA - Stop circling and cutting in front

- Step 5 - Untangles leash from one front leg

HOMEWORK 2



List 10 reasons a dog might not "obey a command".

ZEN 3



- Step 1 - Wait for invitation to go through door
- CA - Outside door!
- Step 2 - Wait 30 secs for invite to go through door, no Q
- CA - Dog works for someone else
- Step 3 - Wait 1 min for invite to go through door, no Q
- CA - Different outside door
- Step 4 - Wait inside 1 min, you greet neutral person
- CA - Another different handler
- Step 5 - Real life

FOCUS 3



- Step 1 - Dog holds eye contact 15 seconds
- CA - 15 seconds in a new location
- Step 2 - Holds eye contact 5 secs from 2 feet away
- CA - Move 2 feet away vertically
- Step 3 - Holds eye contact 10 seconds from 5 feet away
- CA - 10 secs from 5 feet for another handler
- Step 4 - Holds eye contact 10 secs, you not watching dog
- CA - Any and all Steps in other locations
- Step 5 - Use focus to show dog is In The Game

COME 3



- Step 1 - Comes 5 feet with distractions
- CA - For another handler
- Step 2 - 20 feet through or away from dogs & people
- CA - Teach again, strange new place
- Step 3 - 40 feet through or away from distractions
- CA - Teach from a different position
- Step 4 - 60 feet through or away from dogs & people
- CA - Another different handler

SIT 3



- Step 1 - Sit from down
 - CA - Different, tougher location

- Step 2 - Sit from down 2 feet away
 - CA - Reteach with a distraction

- Step 3 - Sit from down 5 feet away
 - CA - New place, tougher distraction

- Step 4 - Down from sit 5 feet away
 - CA - Sit, down, sit, or down, sit, down from 2 feet

- Step 5 - Apply sit to life

DOWN 3



Step 1 - Downstay, you step in & Out Of Sight 3 times
- CA - Different rooms, different doors

Step 2 - Downstay, you step OOS for 10 secs, return
- CA - Use it in life - get a glass of water, open a letter

Step 3 - Downstay, you step OOS 30 seconds, return
- CA - Further from the door, in the car

Step 4 - Downstay, OOS 30 seconds, return, 1 distraction
- CA - More new places & distractions

Step 5 - Downstay, you go down hall, do chore, return

LAZY LEASH 3



- Step 1 - LL through outside door
 - CA - Single focal point through doors inside
- Step 2 - LL 10 feet to single focal point outdoors
 - CA - Work new parking lots, house to car
- Step 3 - LL 10 feet out & back, dogs & people in area
 - CA - New area, new dogs, new people
- Step 4 - LL 20 feet out, back, personal distractions
 - CA - Past distractions instead of toward and away
- Step 5 - Work her personal distractions

RETRIEVE 3



- Step 1 - Spoon, pen, another object in mouth
 - CA - More new objects, or same in different rooms
- Step 2 - You & dog both hold object for 5 seconds
 - CA - Use the new objects again
- Step 3 - Both 5 secs, dog alone 5 secs, then both 5 secs
 - CA - Pet her head, fondle ears, tap on object
- Step 4 - Dog moves to put object in mouth from hand
 - CA - Other objects again
- Step 5 - More objects, more places

TARGET 3



- Step 1 - Front paws up on horizontal surface
 - CA - Paws up on many new objects
- Step 2 - Paws up on small horiz. surface, hold 5 secs
 - CA - Pet her, walk around, & new objects
- Step 3 - Paws up on vertical surface
 - CA - New walls, trees, you
- Step 4 - Hold paws up on vertical surface for 5 secs
 - CA - Duration on all Step 3 objects
- Step 5 - Paws up in life

CRATE 3



- Step 1 - Dog enters crate, downs, you walk 5 feet away
- CA - Crate facing away from you, outside, use car
- Step 2 - Enters, downs, you go 5 feet, wait 1 min, return
- CA - Do chores during that 1 min
- Step 3 - Enters, downs, you go 10 feet, wait 2 min, return
- CA - Longer chores
- Step 4 - Enter, down, you go 10 feet, wait 3 mins, return
- CA - Get dressed, prepare her supper
- Step 5 - Different crate, vet's crates, crate in moving car

RELAX 3



- Step 1 - Dog settles for 3 mins
 - CA - Settles at your feet under a table, indoors & out
- Step 2 - Dog settles in sight of other dogs playing
 - CA - Reteach with another distraction
- Step 3 - Dog settles 3 mins in sight of other dogs playing
 - CA - 3 mins with your Step 2 distractions
- Step 4 - Dog settles in moving car
 - CA - Dog settles in kitchen
- Step 5 - Dog settles while you groom her

DISTANCE 3



- Step 1 - Dog goes around chair
 - CA - Play with stimulus control and different cues
- Step 2 - Dog goes around chair 5 feet away
 - CA - Different directions & distances
- Step 3 - Dog goes around chair 5 feet away, no treats
 - CA - Train a new reward
- Step 4 - Dog goes around chair 10 feet away
 - CA - Dog goes around a chair in another room
- Step 5 - Dog goes around all sorts of things

JUMP 3



- Step 1 - Dog waits while car door opens, loads on Q
 - CA - Different door or paws up for boost
- Step 2 - Car door opens, dog waits 30 secs, exits on Q
 - CA - Lots of exit distractions
- Step 3 - Exits on Q, LL 10 secs, you both move away
 - CA - Change it - tell her to get back in car
- Step 4 - 10 secs to enter, 30 secs exit, 10 s LL around car
 - CA - Practise Crate or Relax between in & out of car
- Step 5 - Different vehicle or different door of vehicle

GO TO MAT 3



- Step 1 - 2 feet to new mat, down for 1 min
- CA - Work in every room
- Step 2 - 5 feet to another new mat, down for 2 mins
- CA - Higher/lower mat placements, under table
- Step 3 - 10 ft to 3rd new mat, down 1 min, 1 distraction
- CA - Clean kitchen while dog is on her mat
- Step 4 - 10 feet, 4th new mat, 3 mins, no treats
- CA - New mats, distances, durations, difficulties
- Step 5 - Dog goes to mat when doorbell rings

HANDLING 3



- Step 1 - Dog relaxes on table 1 min
 - CA - You touch head, tail, feet while she relaxes
- Step 2 - Dog allows stranger to touch her on table
 - CA - Dog stays In The Game for another stranger
- Step 3 - Dog stays relaxed for stranger touch on table
 - CA - New table, new stranger-gender
- Step 4 - Dog relaxed for stranger touch head, tail, foot
 - CA - Look in mouth, flick toenails
- Step 5 - Dog stays relaxed for vet or vet tech on table

COMMUNICATION 3



- Step 1 - Dog paw-targets your hand
 - CA - Add Q, high 4 & low 4

- Step 2 - Dog rings a hanging bell
 - CA - Move the bell

- Step 3 - Dog rings bell to ask to go outside
 - CA - Different places - motel? Friend's house?

- Step 4 - Dog raises right front paw
 - CA - Sitting, standing, down

- Step 5 - Dog raises right front paw to ask for food or toy

HOMEWORK 3



1. List 5 areas or situations where you can get behaviour you didn't used to think you would.
2. List 5 areas or situations where you want or need a behaviour that you haven't quite got yet.

ZEN 4



- Step 1 - Dog stays off treat on coffee table 1 min
 - CA - Chair seat, car floor, kitchen counter Zen
- Step 2 - Off coffee table treat, you in & Out Of Sight x3
 - CA - Coffee table Zen with your eyes closed
- Step 3 - Off coffee table treat, you OOS for 1 min
 - CA - Car Zen - take-out bags & boxes, groceries
- Step 4 - Off treat you drop before giving off Q
 - CA - Pill bottles, toast, peanut butter spoons
- Step 5 - Personal nightmare Zen situation

FOCUS 4



- Step 1 - Dog looks at treat on ground in front of her
 - CA - Dog anticipates, you add Q

- Step 2 - Dog looks at 6 inch jump, goes over it
 - CA - Look, Hup. Look, Go. Look, Get it.

- Step 3 - Dog looks at treat on floor, makes eye contact
 - CA - Look at many good & scary things, then Watch.

- Step 4 - Dog looks at 1 of 2 things on floor, goes correct
 - CA - Send to different mats, people, toys, jumps

- Step 5 - Focus challenges

COME 4



- Step 1 - Comes from eye contact with another person
 - CA - Work with "strangers" - beards, turbans, teens
- Step 2 - Comes from another person petting her
 - CA - Change body language - turn back, lie down
- Step 3 - Comes from another person feeding her
 - CA - Use different people & treats
- Step 4 - Comes to a whistle cue
 - CA - Work 1 Step of Come in each Level with whistle
- Step 5 - Comes to find you hiding outside

LAZY LEASH 4



- Step 1 - Teach another person to pass L3 Step 3
 - CA - Tech takes dog into vet's, brings her back on LL
- Step 2 - Dog maintains LL 1 minute, normal walking
 - CA - Wide world - go for a drive, stop and walk
- Step 3 - LL 1 minute, dogs & people in area
 - CA - New places, tougher distractions
- Step 4 - LL 3 minutes, dogs & people in area
 - CA - Practise really hard to get ready for Step 5
- Step 5 - LL during normal walk

RETRIEVE 4



- Step 1 - Dog goes to 3 floor articles- wood, metal, cloth
 - CA - Many, many more articles - large, small, hard, soft
- Step 2 - Put her mouth over the 3 articles on floor
 - CA - Move around house & yard, continue L3 Step 4
- Step 3 - Lifts the 3 articles
 - CA - Same articles in different rooms or other articles
- Step 4 - Retrieves the 3 articles
 - CA - Different articles, distances, places - some new Qs
- Step 5 - Really neat trick

TARGET 4



- Step 1 - Dog goes 2 feet, paws up on vertical surface
 - CA - New surfaces

- Step 2 - 5 feet, paws up on new vertical surface
 - CA - Work to reliability

- Step 3 - 10 feet, paws up on another new vertical surface
 - CA - Chain link, stairs, scary stuff - skateboard, vacuum

- Step 4 - Paws up on narrow vertical surface
 - CA - Use Look and get some real distance

- Step 5 - Dog runs 10 feet away from trainer

CRATE 4



- Step 1 - Dog calm in crate 5 mins, you step OOS & in
- CA - Inside, outside, in car, at vet's.
- Step 2 - Dog calm 5 mins, you step out & in x3
- CA - Different crates, locations until routine
- Step 3 - Calm 10 mins, close door, OOS, 2 distractions
- CA - Add new distractions
- Step 4 - Calm 15 mins, door closed, OOS, 2 distractions
- CA - In crate in car while approaching good place
- Step 5 - Strange place, 5 minutes, door closed, you work

RELAX 4



- Step 1 - Lazy Leash in sight of own worst distraction
 - CA - Work similar distractions

- Step 2 - Downs in sight of own worst distraction
 - CA - Work less awesome situations as well

- Step 3 - Settles 1 min in sight of own worst distraction
 - CA - Meet the distraction differently - drive, walk

- Step 4 - Settles 3 min in sight of own worst distraction
 - CA - Speed up the settling response

- Step 5 - Settles in new difficult area

DISTANCE 4



- Step 1 - Dog goes around standing person 5 feet away
 - CA - Work with many people

- Step 2 - Around seat person 5 feet away, no treats
 - CA - Different chairs, people, positions (stand on chair?)

- Step 3 - Around seated person 15 feet away
 - CA - Work previous objects up to 15 feet - trees, stools

- Step 4 - Around large object 5 feet away
 - CA - Different large objects. Cars?

- Step 5 - Totally new object 5 feet away

GO TO MAT 4



- Step 1 - Dog goes 2 feet to down on common un-mat
- CA - More places, many distractions
- Step 2 - 5 feet to new un-mat, down 2 mins, no treats
- CA - Goes to mat on Post-It note or tape on floor
- Step 3 - 15 feet to personal object, 10 mins, you talk
- CA - Add Relax
- Step 4 - 10 feet, 20 mins, you do chores
- CA - Work in car, barn, garden
- Step 5 - Doorbell rings, dog GTM, you entertain briefly

HANDLING 4



- Step 1 - Dog eliminates on lead
 - CA - Family and/or friends get behaviour
- Step 2 - Dog eliminates on lead away from home
 - CA - Different locations
- Step 3 - Dog eliminates on lead within 30 seconds
 - CA - More different people
- Step 4 - Within 30 seconds away from home
 - CA - In vet's parking lot
- Step 5 - On new surface within 30 seconds

COMMUNICATION 4



Step 1 - Dog nose-targets hands Left & Right on Q

- CA - Dog facing away from you

Step 2 - Paw-targets your feet L & R on Q

- CA - You handle while dog touches someone else's feet

Step 3 - Goes to objects L & R on floor on Q

- CA - L & R Punch 3 bigger & 3 smaller objects

Step 4 - Jumps L & R on cue

- CA - Toward AND away from you, different distances

Step 5 - Dog spins L & R on cue

HOMEWORK 4



Describe the 4 worst behaviours or problems of your own dog and write out a plan for solving each.

